

# ARBOR HOUSE GAZETTE

August 2010



PACIFIC LIVING CENTERS\* ARBOR HOUSE OF GRANTS PASS\* (541) 474-7887\*

## Celebrating August

Catfish Month

Golf Month

Watermelon Day

August 3

Elvis Week

August 10-16

Relaxation Day

August 15

Weird Contest Week

August 15-20

Radio Day

August 20

Be An Angel Day

August 22

Second Hand Wardrobe Day

August 25

Women's Equality Day

August 26

Toasted Marshmallow Day

August 30

## HELLO EVERYONE !

*Can you imagine....it's  
August already! Where did our  
year go? Before we know it,  
"you know what" will be here.  
( the holiday's )*

### DATES TO REMEMBER.....

**Aug.28<sup>th</sup> .....9 am to 4 pm...Sunday**

*Our annual yard sale and car wash. Held at Abby's  
Pizza parking lot. Williams Hwy. & Union Ave. Fill a bag  
and donate to the cause...all proceeds go to the  
Alzheimer's Association. See you there!*

**Sept.19<sup>th</sup> .....2 pm .....Sunday** Join us for our  
**annual "Memory Walk"**. This is the 1<sup>st</sup> Memory Walk  
for Alzheimer's in Grants Pass so we really need your  
support. Put on those shoes and join us. Together, we  
WILL make a difference in Grants Pass.

**Sept. 25<sup>th</sup> .....2 pm to 3:30 pm.....Saturday**  
*Put on your hawaiian shirts and join all of us for  
"Hawaiian Days" at Arbor House. Performing authentic  
Hawaiian dance will be our own...Cyndi Canon from our  
am shift. Appetizers & Deserts will be served along with  
of course....hawaiian punch!! Aloha*

**SEE YOU SOON!!!**

**Nancy, and the girls of Arbor House:  
Shayna, Cyndi, Theresa, Malinda, Tamey, Connie,  
Kathie, Barbara, Sue, Susan, Ingris & Sarah.**

## Unbelievable Discoveries

On August 25, 1835, the residents of New York opened the *Sun* newspaper to read about a miraculous discovery. The eminent British astronomer Sir John Herschel was testing a powerful new telescope on the Cape of Good Hope in southern Africa. Looking through his telescope at the moon he was able to identify oceans and beaches, trees and plants, bison and goats, blue unicorns, and a race of upright walking beavers that lived in huts. Most astounding of all, Herschel had observed a civilization of tiny, furry men with bat-like wings. The *Vespertilio-homo*, or “man-bat,” even



worshipped at the Temple of the Moon, a beautiful golden-roofed structure built of sapphire. When the article appeared in the *New York Sun*, the newspaper became the most-read newspaper in the world.

Other newspapers frantically rushed to cover the extraordinary story, and some even pretended to acquire the original scientific report so they could publish copies of the *New York Sun's* article. The article, of course, was a hoax, but it was not discovered as such until many weeks later. Herschel himself did not know that the discoveries had been attributed to him, and was quite amused when he found out. Edgar Allan Poe, too, was amused by the story. He had recently published the short story “The Unparalleled Adventure of One Hans Pfall,” where a man voyages to the moon in a hot air balloon. Poe was allegedly working on a follow-up to the story when the newspaper article broke, and he abandoned his work because he felt that he could not compete with the fantastic fictional reporting.

The *New York Sun* never issued an apology or admission that the article was a fake, and thanks to the Great Moon Hoax it remained one of the world's most popular newspapers.

## Living Long and Prospering

On August 5, join Trekkies from around the world as they boldly go to Las Vegas for the Star Trek Convention. *Star Trek's* creator, Gene Roddenberry, originally pitched his television series in 1966 as “Horatio Hornblower in space.” Today, the characters of Captain Kirk and Spock are icons of a multi-billion dollar franchise. As the number one cult TV show of all time, *Star Trek* has amassed millions of devoted followers worldwide, and the convention is a major event. Test your *Star Trek* knowledge with this quiz:

1. What was the name of the space ship made famous on *Star Trek*?
2. What alien race was the crew's science officer, Mr. Spock?
3. What is the name of the school where space pilots such as Capt. Kirk received their training?
4. Finish the *Star Trek* tagline: “To boldly go...”

Answers: 1. USS Enterprise; 2. Vulcan; 3. Starfleet Academy; 4. “...where no man has gone before.”

## Alzheimer's Disease: Progressing Through Three Stages

In people with Alzheimer's disease, changes in the brain may begin 10 to 20 years before any visible signs or symptoms appear. Some regions of the brain may begin to shrink, resulting in memory loss, one of the first signs of Alzheimer's.

Over time, Alzheimer's disease progresses through three main stages: mild, moderate, severe. Because it is not easy to look inside a living brain to see the damage Alzheimer's disease causes, these stages are characterized by a collection of signs and symptoms and behaviors the people with Alzheimer's disease experience.

Doctors are able to make a determination about which stage of the disease a person is suffering from by using the functional assessment staging. Functional loss, degrees of forgetfulness, agitation and behavior and deficits in intellect and reasoning, as well as the ability to perform daily activities. By understanding the various areas, caregivers can better meet the needs of the person suffering from Alzheimer's.

## Playing with Fire



On the last day in August, the people of Nejapa, El Salvador, pay bizarre tribute to their patron saint, Geronimo, by throwing balls of fire at each other in the streets. This state-sanctioned mayhem is over one hundred years old and commemorates the devastating eruption of the volcano El Playon in 1658, which forced the entire town to evacuate and move location. Legend tells that the eruption was the work of the devil, and Saint Geronimo fought back with his own balls of fire, saving the inhabitants of the town.

Today, locals prepare for the holiday by soaking balled up rags tied with wire in kerosene for one month. Once ignited, they easily burn, and when thrown, they spit bursts of flame through the air. The event looks like the game of dodge ball, except instead of balls the teams hurl fire at each other. (Naturally, they wear gloves.)

After night falls, opposing teams face off in the street with a crowd looking on. City officials start the fun by lighting fireworks, and then the two teams light their fireballs and, wearing thick protective gloves, throw hundreds of them at each other. In most cases, fireballs strike opposing team members, and the splashing kerosene explodes in a burst of fire. The streets surge with excitement and suspense, while onlookers shriek with glee and horror. Orange streaks arc through the air and flaming balls litter the street. As participants pick up fireballs with their gloved hands and throw them, it is easy to imagine Saint Geronimo battling the devil.

Understandably, slight injuries are common. Fire engines and ambulances line the streets in case things get out of hand. As the night wears on, the rules relax, participants get bold, and errant fireballs may leave the street and land in the crowd, but it's all part of the fun and excitement. Great balls of fire!

## FROM THE HEART....

I would like to take this time to express my gratitude and sincere thanks to each and every one of my staff: Shayna, Cyndi, Theresa, Tamey, Kathie, Sue, Barbara and Ingris for stepping up to the plate to care for our residents when Arbor was without two employees. GREAT JOB GIRLS!

July was a long month and I couldn't be more proud of my staff. Thank you.....thank you!

# WELCOME.....

To our newest resident:

“Mr. Leslie Harris” to our community and Arbor House Family!

Leslie is a very kind man with a great sense of humor. He loves to joke with the girls. His wife Edna comes to visit every day. Their daughter Barbara visits several times a week also.

When you're here visiting, be sure to say hello.

(We still have room for one more special person to join our Arbor community, so keep your ears open.)

**PACIFIC LIVING CENTERS HAS FIVE  
LOVING HOMES FOR THE MEMORY  
IMPAIRED**

Delivering Quality of Care, Enhancing Quality of Life.

**ARBOR HOUSE OF GRANTS PASS**

820 Gold Court  
Grants Pass, Oregon 97527  
Administrator: Nancy Decker

**AUTUMN HOUSE OF GRANTS PASS**

2268 Williams Hwy.  
Grants Pass, Oregon 97527  
Administrator: Becky Scriber

**HARMONY HOUSE OF SALEM**

3062 Hyacinth Street  
Salem, Oregon 97301  
Administrator: Michele Nixon

**HAWTHORNE HOUSE OF SALEM**

3042 Hyacinth Street  
Salem, Oregon 97301  
Administrator: Michele Nixon

**HERITAGE HOUSE OF WOODBURN**

943 N. Cascade Drive  
Woodburn, Oregon 97071  
Administrator: Shannon Souza

## August Birthdays

If you were born from July 23-August 22, you are a Leo, the lion. If you were born from August 23-September 22, you are a Virgo, the virgin. Leos are creative, enthusiastic, generous, and extroverted. Virgos are modest, intelligent, reliable, practical, and able to clearly analyze the most complex of problems.

Yves Saint Laurent (designer)	Aug. 1, 1936
Barack Obama (president)	Aug. 4, 1961
John Huston (filmmaker)	Aug. 5, 1906
Lucille Ball (comedian)	Aug. 6, 1911
Rhonda Fleming (actress)	Aug. 10, 1923
Cecil B. DeMille (director)	Aug. 12, 1881
Annie Oakley (sharpshooter)	Aug. 13, 1860
Mae West (vamp)	Aug. 17, 1893
H.P. Lovecraft (writer)	Aug. 20, 1890
Usain Bolt (world's fastest man)	Aug. 21, 1986
Claudia Schiffer (supermodel)	Aug. 25, 1970
Buddy Hackett (actor)	Aug. 31, 1924

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**ARBOR HOUSE OF GRANTS PASS  
820 GOLD COURT  
GRANTS PASS, OREGON 97527**

Postage  
Information